

# Cases from around the globe: Tanzania

## Tanzania

A comparative evaluation based on quantitative (questionnaire) and qualitative (focus group discussions and interviews) methodologies was conducted by local independent researchers in 2015 among learners and different stakeholders. The impact of the dance4life model was compared with the impact of a more traditional government CSE curriculum.

During the 2012-2015 implementation of dance4life in Tanzania, evidence on sexual health outcomes from the local health departments was also collected and it showed a significant decrease in teenage pregnancies from 128 cases in 16 secondary schools in 2012 before the start of dance4life to 32 cases in the same 16 secondary schools in 2015.

### CONFIDENCE IN USING CONDOMS CONSISTENTLY

**85%** dance4life      **67%** CSE

### ACCESS CONDOMS WHEN NEEDED

**63%** dance4life      **44%** CSE

### CONVINCING PARTNERS TO USE A CONDOM

**79%** dance4life      **65%** CSE

**“Since the dance4life programme is present in my area more young people come to my health centre looking for condoms. They are no longer shy”**

doctor, Mapanda health centre, Mufindi District

**“Now, if I contract sexually transmitted infections, or a friend tells of his/her situation, I am not scared. I know what to do, where to go and how the lessons help me to support and guide others”**

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**“After training I got the confidence and went back and sat down with my sister to tell her about SRHR and beyond this I can also give this education in the family and the community because it is my little contribution to be able to play a role in reducing the child pregnancies which is a big thing in my area. This is the role that I believed was only for women but I now know what I can contribute”**

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